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PO Box 93 **Tioga ND 58852** 701-664-8233



Community News

Synergy of Oil and Gas with Coal - Kathy Neset

We have so many new and exciting things going on in our oil and gas industry. The technological changes that keep coming our way are simply amazing. North Dakota should be very proud of our standing as we lead the way not only in our great state and our nation, but globally. We do cutting edge research right here - working with industry partners and our colleges, namely the Energy and Environmental Research Center at UND in Grand Forks. Tioga and our Williams County area are at the forefront of this work, with our prime location right in the heart of the Williston Basin.

A recent event bringing together our oil and gas industry with the lignite coal industry is opening up another area of progress to bring clean and reliable energy to our great nation. Ideas were shared some about the Synergy of Oil and Gas and the Coal Industry. We don't always look at the impact of these two groups working together but it is quite unique and noteworthy. Looking at the synergy - is a heightened effect that comes from the two industries being stronger together and reaching new advancements - greater than each working on their own.

Let's look briefly at some of the newest areas of advancement. Among the many projects ongoing today are several that deal with energy technology and the work in carbon capture and sequestration. As this work is ongoing - it will lead the way to the utilization of CO2 to enhance the recovery of crude oil from the very prolific Bakken oil-bearing zone. The very tight rock and low permeable nature of the Bakken formation lends itself beautifully to this technology. Our current estimates of oil recovery from the Bakken oil zone is about 10% to 18% on average. Some areas of production are slightly higher or lower. However - this tells us that a lot of oil remains in place. We have currently produced over five billion barrels of oil from the Bakken Formation. With the addition of CO2 to the formation, we can increase this oil recovery significantly, yielding as much as another billion barrels of oil - or more. The infrastructure is in place to move this oil - it is now becoming possible to be more efficient in our extraction methods with the utilization of CO2.

Now - let's look at how this same CO2 capture may assist with clean coal technology. Our coal resource is mined to produce energy in the form of electricity. This electricity is moved as electrons along existing transmission lines. Once again, by utilizing our carbon management technology to capture the CO2 we make the electrical generation process cleaner. An added benefit and the synergy of our industries working together is that the knowledge gained by the capture and handling of CO2 in coal development - will assist us as we continue to develop the technology for enhanced oil recovery in our Bakken oil fields. What we learn from the coal industry carbon capture and sequestration will lead us to greater recoveries of oil and natural gas. The future is bright for North Dakota - bright for energy technology and bright for a clean energy future for generations to come.

Congratulations to our Tioga Pirate Students and Athletes!

- Ava Wallin on her top 15 finish at the ND State Golf Tournament. Ava competed against 120 golfers from across the state at the Fargo Country Club Sept 30th and Oct 1st. Congratulations Ava!
- Cheryl Hayes on being named to the District 16 All District Volleyball team. Congratulations Cheryl!
- Kambree Johnson and Cheryl Hayes being selected to the District 16 All-Tournament Volleyball Team! Congratulations Kambree and Cheryl!
- Kya Sparks earned a Superior Actor award at the Region 9 Drama Contest on Nov 6th. Congratulations Kiya!
- Tioga High School Drama Club placed 5th at the Region 9 Drama Contest. Congratulations to the club and Ryan Eraas!
- Tim Schaffer on being named Region 6 Football coach of the Year! Congratulations Coach Schaffer!
- Ashton Weathersby and Yurek Loveridge on being named to the All Region 6 Football Team. Congratulations Ashton and Yurek! **Tanner Skalicky and Drew Davis were also Honorable Mentions for Region 6 - Congratulations Tanner and Drew!

Central Elementary Students share what they are most thankful for this Thanksgiving



Tate Rice, Grade 6 'My Family, Life, and all of my animals.'



Landrie McIntyre, Grade 5 'My parents, family, dog, cat and house.'



Nolan Odegaard, Grade 5 'My dog, home, horse and family.'



Brinley Knudson, Grade 5 'My parents, family, house, friends and food.'

Mark your calendars

Nov 16th: Fire Relief Benefit 11AM-4:00PM @ TCC

Nov 18th: City of Tioga Commission Meeting 7PM @ City Hall

Nov 21st: Tioga Chamber Member Meeting 12PM

Nov 22nd: White Earth Valley Saddle Club Turkey Bingo @ TCC

Nov 24th: O Theone Holiday Event 3-6PM @ 10 1st St NW, Tioga

Nov 28th: Thanksgiving Holiday Nov 30th: Small Business Saturday

Tioga School Calendar

Nov 18th: Girls Basketball and gymnastic practice starts

Nov 25th: 5th Grade Marketplace for kids Nov 27th: No School (Teacher's Comp Day) Nov 28-29th: No School (Thanksgiving Break) **Tioga Parts Supply Hours:**

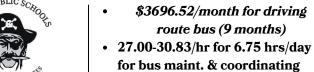
Monday-Friday: 7am- 6pm Saturday: 7am- 4pm 105 Main St N, Tioga, ND 58852 Phone #701-664-3394



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Inspirational Quote Bible Verse of the Week Tioga Trivia Don't let your love be in word and in When was the first school house It's never to late to be what tongue, but let it be in act and good faith built in Tioga you might have been Last Weeks Answer:3

1 John 3:18 Today in History: A Little Chuckle 1867: Wall Street was introduced to the stock ticker. The Why did the tomatoe blush? invention of the ticker revolutionized the exchange because It saw the salad dressing now information could be transmitted in real time.

Community News

Tioga Medical Center seeks input from area residents about community's health needs

In an effort to gauge the overall health needs of the community, Tioga Medical Center and Upper Missouri District Health Unit are surveying area residents from November 6 to approximately November 30. The results of the survey will provide guidance on ways to improve community health and provide better services. The survey is part of a community health needs assessment initiated by the healthcare facilities. They are receiving assistance in conducting the assessment from the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences.

The survey will allow Tioga Medical Center, the public health unit and other local health organizations to learn about community health concerns, learn of the community's perceptions about local health care services being provided, hear suggestions to improve health in the area, learn about community assets and collaboration, and determine preferences for using local health care versus traveling to other facilities. In addition to specific questions, the survey also seeks general, open-ended input from residents about the community's health needs and the delivery of local health care.

"This survey is an exciting opportunity for us to take a deep dive into the healthcare needs and concerns of our community," says Jamie Eraas, Tioga Medical Center President and CEO. "I am hopeful we can derive information that will help us enhance the health and the quality of life of all the people who live here."

All area residents are encouraged to participate in the 20 to 25 minute survey. An interactive, online version of the survey can be found at http://tinyurl.com/Tioga24 or on the Tioga Medical Center homepage: www.tiogahealth.org. Additionally, written copies are available by calling Tioga Medical Center at 701-664-3305. A postage-paid return envelope is included with each written survey. All survey responses are anonymous, and there is no way to track responses back to individuals. Survey responses are returned to the Center for Rural Health to help ensure anonymity.

A periodic community needs assessment is one of the requirements of the Affordable Care Act. The cost of the survey is covered by the Medicare Rural Flexibility (Flex) Grant Program, a project of the Center for Rural Health. The Flex

Program is a state-based partnership that works with and assists all rural hospitals to stabilize and sustain their local healthcare infrastructure.

Small Business Saturday is November 30th in Tioga!

Small Business Saturday is an annual event held on the Saturday following Thanksgiving. This event encourages community members to support local small businesses during the busy holiday season. The day infuses money back into our local 💸 economies and supports our small business owners.

By designating a day to small businesses, we are reminded that these businesses rely on our patronage during busy consumer shopping seasons as well as year round. According to US Chamber, it is especially important to support our local businesses this year as consumers are expected to spend 40% less this holiday season as rising costs and continued

inflationary pressures are causing a pull back on spending. However, while total consumer spend is expected to be down, a positive outlook for small businesses this season is that consumers remain oyal to supporting and shopping their local small businesses. Nearly 47% of consumers say they choose to shop at a small business because of their desire to contribute to their communities and support their friends and neighbors. We know this is also true in Tioga,

Mark your calendars and enjoy Small Business Saturday on November 30th! Thank you for supporting the small businesses that support you!



40 Turkeys Final Game \$100 Blackout Tioga Community Center Meal available to purchase. Check out our facebook page for details!





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Hours: Monday -Saturday Bar Opens at 2pm Steakhouse at 4pm-9pm **Closed Sundays** 121 S Main St. Tioga, ND 58852

Phone #: 1-701-664-6666

This communication is produced by Tioga Area Economic Development Corporation